



TRIP TO INDIA
TO THE HIMALAYAS

RISHIKISH
YOGA CAPITAL OF THE WORLD

13- 20 September, 2024



TRIP INCLUDES

- Hotel & Breakfast
- Daily yoga class
- Transportations for all activities
- Traditional yoga class with a Yogi
- Aerial/Acro yoga session
- Sunrise at the Himalayas
- Himalayas walk
- Sound bath session
- Rafting in the river
- Swim in the Holy river - Ganga
- Chanting session
- Visit Tapovan/Market
- Visit the Arti (worship ritual)
- Walking and enjoying India's streets.

TRIP EXCLUDES

- Flight ticket
- Food and shopping
- Other sessions and treatments

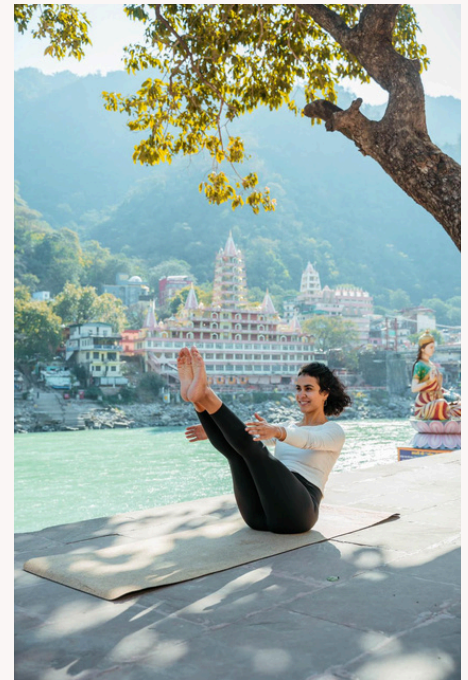




Inner Journey

IN THE FREE TIME YOU
CAN DO (OPTIONAL):

- Chakras cleansing session
- Birth chart Reading
- Energy channels massage
- Ayurveda consultation
- & More options



EXPLORE YOURSELF

@LIFEBYDALAL

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